

Belly Band Prototypes
Presented by Dolores Guffey

First, we will make a five-hole pamphlet stitch book with a soft cover and text weight paper. This book is for you to take notes and jot down instructions. Later we will fold pockets in the book for storing your belly band prototypes.

The book you make will be used as an example of a book that needs a belly band. After making one band, you will remove it and then make the next band. At the end of the workshop, you will have one book and 8 different belly bands.

Materials Needed

- 1 piece 8 ¾" x 7" light weight cardstock (or decorative paper of similar weight) grain short. This book is a prototype, it does not have to be expensive paper.
- 6 pieces of text weight paper 8 ½" x 7" grain short.
- 6 pieces 11" x 1 ½" light weight cardstock, grain short (or any paper stronger than text weight paper which can be easily folded around a book. These will be the belly bands.
- 2 pieces of 19" x 1 ½" belly band paper (see previous bullet). Note: you can glue two strips of paper together to make a 19" strip.
- 5" x ¾" piece of mat board (or cardboard)
- Toothpick and brads (optional)

Supplies

- Pencil
- Piercing Tool
- Piercing cradle (or thick magazine or phone book)
- Craft knife
- Metal ruler
- Bone folder
- Scissors
- Needle & thread
- Glue stick
- 2 paper clips