

Materials List For Rice Stitch Binding

. Mixed Media paper* about 80lb 3"x 5 1/2" You will need 3 or 4 pieces for each signature, cut grain short (the fibers are parallel to the spine of the book);

. 2 pieces of heavier paper for the covers, measuring at least 3" x 5 1/2". They have to be the height of the book (3") but can be longer if you want to make a flap or wrap around cover. This paper should be grain short as well;

. 8 to 10 signatures. A signature is a group of pages or folios;

. Awl or anything to punch the holes on the signatures;

. Scissors;

. A piece of scrap paper to make a template for where we will be punching the holes for sewing;

. Two needles, straight or curved;

. Thread of two different colors. The most common thread used in bookbinding is Linen thread (Londonderry 18/3 is a good choice; it comes in a big variety of colors), but you can use whatever you have at hand like embroidery floss, cotton pearl, yarn, etc).

The amount of thread you will need depends on the number of signatures you will be sewing. The covers count as signatures.

Ex: 8 signatures

2 covers

Height of the book 3"

You will need 3" x 10 = 30"

. Extras: anything you want to use to embellish or make a closure on your book; Buttons, extra thread, ribbons...



* You can use copy paper for your model but you will need more pieces, also called folios. About 6 to 8 for each signature. If you use heavier paper for your folios, you will need less folios per signature. The sizes can be the same as above, 3" x 5 1/2"